

Ontario 😿

## Early N EARLYON FAMILY ENRICHMENT 570 First Ave. E. North Bay, ON

705-472-2152

**Early Learning Play Group Family Enrichment** Family Enrichment (CAPC)

Watch Me Grow

## FEBRUARY 2025



## PROGRAM DESCRIPTIONS





## EARLYON FAMILY ENRICHMENT

570 First Ave. E. North Bay, ON 705-472-2152

EARLY LEARNING	This is a <b>FREE</b> drop-in style program for all parents and caregivers
PLAY GROUP	with children 0 - 6 years of age, to come together and explore,
	learn, create, and play in our child friendly spaces; talk to
	professionals in the Early Childhood field; and connect with others.

- **FAMILY ENRICHMENT** Registration is required to participate in this **FREE** program, that offers parents a break from their children, so they can further their education in parenting and personal life skills. Children are cared by staff and volunteers while parents attend class. Through our partnership with the NPSCDSB, high school credits can be earned while attending this program, and transportation is provided.
- FAMILY ENRICHMENTThis is the same FREE program described above, with the additional<br/>specialty of being offered to only CAPC clients (parents under the<br/>age of 23) on these particular days.
- WATCH ME GROWTalk with a certified Doula and Lactation Counselor who can<br/>support you with feeding, weigh-ins, and infant development<br/>questions, at the FREE program for parents with children under the<br/>age of one.